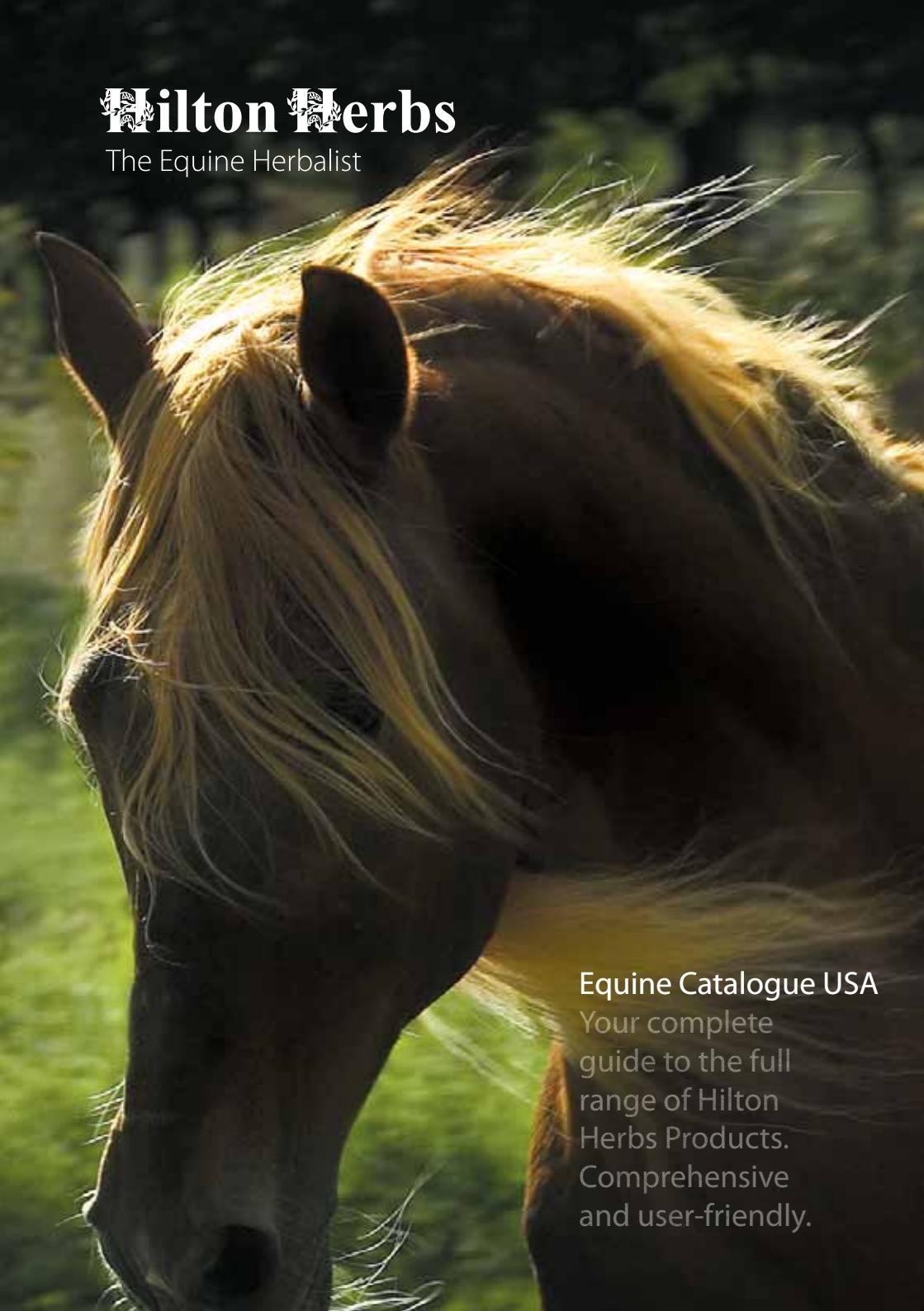




The Equine Herbalist



Equine Catalogue USA  
Your complete  
guide to the full  
range of Hilton  
Herbs Products.  
Comprehensive  
and user-friendly.





The Equine Herbalist

## Welcome to Hilton Herbs

Turning Nature into Health

Welcome to our latest equine catalogue. We hope that you will find exactly what you need in the following pages to help keep your horse in the peak of health. As horse and dog owners ourselves, we know how important it is for you to know exactly what you are giving your animals.

When we started Hilton Herbs in 1990 we had no idea that our enthusiasm for, and commitment to, natural health care products for horses would develop into an international business. From the outset we were determined never to compromise on the quality of our ingredients, and to back up our products with the very best service possible.

Our customer Helpline is vital to the success of our business. It has been there since day one and we are proud of its role in providing our customers with friendly, knowledgeable advice. If you have any questions please contact us, we are here to help you with your animal care queries.

Sixteen years later our aims have not changed, we do not 'out source' and still manufacture all our own herbal products. Our team is made up of local people, many of whom have their own horses and dogs. Each day products leave our premises in rural Somerset, South West of England destined for horse owners literally all over the world!

We hope you have success using our products, and that they help keep your horse healthy, whatever their age or activity. We wish you and your animals the very best of health and happiness, and thank you for helping us to continue 'Turning Nature into Health'.

Hilary and Tony

Hilary and Tony



### **Statement**

A wild horse lives freely, grazing naturally in a gentle continuum of movement, following seasonal plants to help it maintain optimal health according to its needs. The modern day horse, on the other hand, may spend much of its day in a stable, devoid of mental stimulation, isolated from others of its kind, removed from the interaction of his species, eating highly processed foods. This can only have a detrimental effect on both its mental and physical well being.

By using appropriate herbal supplements we can greatly enhance the health of our horses. Herbs reconnect them to their roots, giving them the power to maintain health as their wild cousins do.

Many of the common problems that beset the modern equine develop as a direct result of lack of grazing, exercise, mental stimulus and the companionship of other horses. Horses are herd creatures and need the company of their own kind if they are to flourish both physically and mentally, 'as nature intended.'

Turnout not only provides horses with appropriate fodder to keep their digestive systems functioning correctly, but also offers the stimulus to keep minds occupied, whilst encouraging gentle exercise and movement to ensure muscles and joints are kept healthy and supple.

*"In my path, through my constant search, my horse has taught me the limitless progression of life. Every time in my learning that I felt a breakthrough, I opened the doors and I found my horse saying, "It's about time. I've been waiting for you...."*

*Dominique Barbier*

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## **Helpline**

Our Helpline is happy to provide information on the use of any of our products. This information is given on the assumption that customers have previously consulted their own Veterinarian to obtain a proper diagnosis. Products or information provided by Hilton Herbs should never be used in place of veterinary care. Information provided for homeopathic products is sourced from a variety of readily available homeopathic veterinary publications. No responsibility can be accepted by Hilton Herbs for the practical application of any information/advice provided.

# Standards

## Fair Trade, Ethical values and Sustainability of raw materials

We are extremely conscious of our responsibility to ensure that the materials we use in the manufacture of our products should not have an adverse impact on the environment, the lives of people harvesting our herbs, or the sustainability of the herbs themselves.

To this end we use only bio-degradeable packing material, our plastic tubs are recycleable, and we do not use herbs that are endangered or appear on the CITES list. We support Fair Trade organizations, helping them to achieve their goals, and only source our herbs from sustainable sources. We do not use animal by-products, fillers or additives in any of our products. The majority of our herbs are cultivated crops, organically grown without the use of pesticides or herbicides, dried naturally and produced by families who have been growing medicinal plants for generations.

## Plant Sources -

### The 'Wild Crafted' versus 'Cultivated' debate!

Although the majority of the herbs we use in our products are cultivated, a small proportion of them are what is called 'wild crafted'.

In the past, the term wild crafted has caused confusion, and raised understandable concerns amongst herbalists and the environmentally conscious general public. Understandably it was assumed that wild harvesting of herbs would automatically lead to the destruction of habitats, the loss of indigenous species around the world, and ultimately have a negative impact on the livelihoods of the local people, who may rely on the plant as a source of income, local medicine or both.

Things however are not so gloomy! I was recently furnished with a much more positive example of how wild crafting can be both sustainable, and work to provide a much needed income for the local community. I would like to pass this information onto a wider public, and explain why we should examine the broader implications, before we condemn this practice out of hand.



Sorting fresh Devil's Claw tubers.

Devils Claw provides one such example, it is neither endangered nor threatened and there is more than sufficient organic uncultivated supply to satisfy the world's annual requirements many times over. The harvesting of Devils Claw currently supplies the indigenous people of Namibia, Botswana and South Africa with a vital income for 6 months of every year.

Namibia is the biggest supplier of this plant, where it grows in the arid environment of the Kalahari desert. It is the side tubers (which contain the active harpagocide) which come off the main tap root that are harvested, and these can be buried as much as 4 feet below the desert surface.

It can take an individual up to 4 hours to dig up just 1 kilo of these tubers! There are no other industries in the region, and due to its arid climate the area is not capable of generating income from either farming or tourism.

It is estimated that in an average year 12,000 households depend on the income they earn from harvesting Devils Claw. In particular this work benefits women and children who are in the front line of harvesting this plant. Studies have shown that money earned by these women has a much greater impact on the local economy, because women are far more likely to spend their income on the family! Conversely, cash handouts from charities tend to be distributed to the male head of the household, who may not always spend it so wisely!

If one were to make a comparison between the number of households that currently benefit from the wild harvesting of Devils Claw, and the employment that would be generated by cultivating this plant, there is no contest.

It is estimated that between 20 - 30 farmers (probably located in South Africa), employing a total of 300 labourers, could cultivate the world's annual requirement for Devils Claw. The 300 labourers who would work for these farmers would not be drawn from the people who currently wild craft the herb. Therefore 12,000 households would lose a vital income if this plant were to be cultivated rather than sourced from the wild.

I hope this explanation has demonstrated how it is wrong to assume that just because a plant is 'wild crafted', it will automatically have a negative impact on the habitat or the local community.

## Hilary Self

### Prohibited Substances

In recent years there have been moves by the various Equestrian regulatory bodies (USEF, USDF, FEI, Jockey Club etc) to identify certain herbs as being prohibited for use in competition (e.g. Valerian). The lists are constantly updated and other herbs may yet be designated as prohibited. During our manufacturing process, we take every care to ensure that the herbs in our products are free from common contaminants (Caffeine, Theobromine etc). However by their very nature, some herbs will contain naturally occurring substances such as Camphor or Menthol that are prohibited in competition. We are therefore unable to guarantee any of our products as being absolutely safe to use in competition. We would advise all competitors to contact their appropriate governing body in order to ascertain exactly which substances are prohibited for use in their particular discipline.

### Quality Assurance

In the US the majority of our pure herbal products are regarded as Non Food. This is because many of the herbs included in our mixes do not appear in the AAFCO (Association of American Feed Control Officials) list of approved feed ingredients. We would assure our customers that this is not because the herbs are in any way unsuitable for ingestion, more that they have never been submitted to AAFCO for assessment as an animal feed ingredient. As Non Food our products therefore fall under the jurisdiction of the FDA, and must comply with FDA labelling requirements.

### NASC – National Animal Supplements Council

Hilton Herbs is a member of the NASC, an industry group dedicated to protecting and enhancing the health of companion animals and horses throughout the USA. The NASC membership is made up of animal supplements manufacturers, committed to the highest standards of quality in the industry. [www.nasc.cc](http://www.nasc.cc). Hilton Herbs holds the NASC's – 'Seal of Quality'. In 2006 the company was successfully audited and awarded a compliance rating of 'A' by the association for its manufacturing and Quality Control procedures. We believe we are the only UK company to hold the NASC's Seal of Quality. In Europe our products are designated as 'Complementary Feedingstuffs'.

European law requires that manufacturers of complementary feedingstuffs must operate a QA scheme, with strict manufacturing controls in place to ensure full traceability of ingredients from 'field to feed'. To ensure these standards are achieved the manufacturer must be externally audited each year by the European Feed Safety Inspection Service (EFSIS). Hilton Herbs is fully accredited by both EFSIS and UFAS (Universal Feed Assurance Scheme). [www.efsis.com](http://www.efsis.com).



# Standards

## **Our Formulations – Traditional Knowledge & Modern Research**

At Hilton Herbs we use only the very best quality ingredients, in fact all of our herbal formulations both dry and liquid are made from human medicine grade herbs.

Hilary Self BSc MNIMH who, with her husband Tony, founded Hilton Herbs in 1990, is responsible for the formulation and research of all our products. We believe we are unique in being the only equine herbal company whose products are formulated by a qualified Medical Herbalist and member of the National Institute of Medical Herbalists. Hilary is the author of two books on the use of herbs for horses and is a regular speaker at Equestrian and Veterinary seminars around the world. She runs her own human herbal practice at their premises in Somerset and continues to research the application of herbs for animals and humans.

So when you choose a Hilton Herbs product for your horse, you can be sure of getting the very best that modern science and traditional herbal knowledge has to offer.

## **New Products and Improved Formulations**

We pride ourselves on offering our customers one of the most extensive and effective range of pure herbal products on the market. So when we decided to have a complete change of packaging Hilary, our medical herbalist seized the moment! Harnessing veterinary science's greater knowledge of equine health conditions, and combining it with the latest herbal research, she has created new innovative and unique products. She also took the opportunity to 'fine tune' both our dry and liquid herbal blends to make them even more effective. This means that when you choose a Hilton Herbs product for your horse, you can be sure of getting the very best that modern science and traditional herbal knowledge has to offer.

## **Dry Herbal Formulations**

### **Directions for use - Administer orally.**

A measuring scoop is included in each tub or refill bag of our dry herbal formulations. Full directions for use and storage are given on the back of each tub/bag as follows:

**Up to 12.2 hh (128cm)**

**1 Scoop Daily**

**12.2 hh – 14.2 hh (128cm – 148cm)**

**2 Scoops Daily**

**14.2 hh - 15.2 hh (148cm – 158cm)**

**3 Scoops Daily**

**15.2 hh – 16.2 hh (158cm – 169cm)**

**4 Scoops Daily**

**16.2 hh and above (169cm and above)**

**4 – 5 Scoops Daily**

A 2.2lb tub will last approximately one month when administered at 3 level scoops daily (this may vary depending on mix). Introduce the herbs gradually over a period of several days. If possible divide the daily quantity into two. Please allow approximately 2 - 3 weeks for complete absorption. Replace lid firmly after use. Store in a cool dry place, away from direct sunlight.

## **Liquid Herbal Formulations**

### **Hilton Gold Solutions**

Concentrated, faster-acting, effective.

All our Gold Solutions are now identical to their dry mix counterparts. Some horse owners may prefer our Gold Solutions because they are more readily assimilated by the horses digestive system, producing a quicker response, if necessary they may be orally syringed. Many of our customers like to start their horses on our liquid formulations and then switch onto the dried mix equivalent for longer term use. Our Gold Solutions are packed in easy to use, sturdy plastic bottles with integrated measuring tank marked from 10 – 25mls. For details of our tincture preparation see page 43.

## **Directions for Use: Administer orally**

Up to 12.2 hh (128cm)  
**5mls twice daily**

12.2 hh – 14.2 hh (128cm – 148cm)  
**10mls twice daily**

14.2 hh – 15.2 hh (148cm – 158cm)  
**12.5mls twice daily**

15.2 hh – 16.2 hh (158cm – 169cm)  
**15mls twice daily**

16.2 hh and above (169cm and above)  
**15mls – 20mls twice daily**

Shake well before use.

When administered at 30 mls daily 2.1pts (1 liter) will last 33 days. Introduce gradually over a period of several days. If possible divide the daily quantity into two doses. Can be orally syringed directly into the mouth if necessary. Please allow 7 days for complete absorption.

Store in cool place, away from direct sunlight.

## **New Product Identification**

Each Hilton Herbs product has a specific action and falls into one of the five colour and letter coded equine healthcare categories listed below. We are confident this will help you quickly and easily identify the most appropriate product for your horses particular needs. To visually enhance and strengthen the theme of these groups we have added five stunning category specific photographs. More about these later!

All of our natural healthcare products whether they are dry, liquid, for internal or external use can be found in one of the following 5 groups.

## **The 5 groups are:**



### **Respiration**

Whatever the season, we can help support your horses respiratory system, use one of our dry or tincture based products to ensure a healthy resistance to allergens, infections, and irritants.



### **General Health**

A really big section containing everything natural that you will need to help you ensure your horse stays fit and healthy all year round whatever the age, or activity.



### **Nerves and Hormones**

Everything you will need to help support your horses nervous and hormonal system all year round. Valerian Free mixes also available.



### **Mobility**

An extensive range of natural healthcare products to help support healthy, strong joints, muscles, connective tissue, and optimum mobility whatever the age or activity.



### **Special Needs**

Herbal products specifically formulated to help you care for and support the Special Needs horse in your life. All these products have been produced in direct response to an individual horses needs.

**Please Note:** Each product listing in our catalogue gives details of the pack sizes available and the appropriate product code. For further details and the product's suggested retail price please see our website [www.hiltonherbsusa.com](http://www.hiltonherbsusa.com) or contact our Helpline for additional advice: [helpline@hiltonherbs.com](mailto:helpline@hiltonherbs.com)

'Six'



# Respiration

**Six** – galloping neck and neck, heads extended, nostrils flared as they race across the plains. Lungs pulling in air to supply the muscles with vital oxygen.

This is what we all love to see, the epitome of equine health and fitness. It may be a wild mustang racing along a rutted mountain track or a highly bred Thoroughbred Sports Horse galloping over the turf at the Kentucky Horse Park. Whatever the activity, for a horse to perform at its best it must have an efficient and healthy respiratory system, uncompromised by infection, irritation, inflammation or residual mucus.

Air quality continues to deteriorate worldwide, leading to an increase in respiratory disorders in the human population. Our horses are no different, they breathe the same air as us and are proving to be just as susceptible to seasonal allergens as we are. Winter time brings its own set of problems, with reduced access to grazing and more hours spent in barns and stalls, often with restricted airflow which can contribute to poor respiratory health.

To help you support your horses respiratory system and ensure it stays in optimum condition, we have produced a range of dried and liquid herbal formulations, rich syrups, essential oil sprays and homeopathic products, to help your horse maintain a healthy respiratory system whatever the season.

Hilton Herbs – **The Natural Answer for Respiration**



# Respiration

**Handy Tip:** Use Hilton Space Spray to help improve air quality in horse trailers, lorries or stable areas.

Use our Traditional Herbal Syrup just before exercise, most horses like it so much they will lick it straight out of your hand!

If your horse or pony is stabled during the Winter, then start using Freeway 3 or 4 weeks before you anticipate bringing them in. This will give the herbs plenty of time to get into the system before they have to cope with the dust and hay spores.

## Freeway

This formulation has been produced to help support healthy, efficient airways and resistance to irritants and infections all year round. We particularly recommend this mix for horses that are barn or stall kept, or for those that have restricted turnout. **Contains:** Elecampane root, Liquorice root, Eyebright herb, Cleaver herb, Marshmallow leaf, Plantain leaf, Thyme herb.

| Code  | Size       |
|-------|------------|
| 70110 | 2.2lbs tub |
| 70114 | 4.4lbs tub |
| 70116 | 4.4lbs bag |
| 70118 | 11lbs tub  |
| 70120 | 11lbs bag  |
| 70122 | 22lbs drum |
| 70124 | 22lbs bag  |

## Shake No More Gold

Using the finest quality herbal tinctures, this unique product has been specifically formulated to help support a healthy resistance to allergens, irritants and nasal inflammation, whatever the season.

**Contains:** 1:3 tinctures of – Echinacea purpurea root, Devils Claw root, Skullcap, Eyebright herb, Nettle herb, and Chamomile flowers with Apple Cider Vinegar & Honey.

| Code  | Size    |
|-------|---------|
| 71010 | 2.1pts  |
| 71014 | 6.3pts  |
| 71016 | 10.5pts |



### Freeway Gold

The liquid version of our dried formula, this tried and tested product will help support healthy efficient airways and overall respiratory system in horses and ponies all year round. We particularly recommend this mix for when horses are stabled or have restricted turnout. **Contains:** 1:3 Tinctures of Elecampane root, Liquorice root, Eyebright herb, Cleaver herb, Marshmallow leaf, Plantain leaf and Thyme herb with Apple Cider Vinegar & Honey.

| Code  | Size    |
|-------|---------|
| 71040 | 2.1pts  |
| 71044 | 6.3pts  |
| 71046 | 10.5pts |

### Traditional Herbal Syrup

Horses love our rich traditional warming herbal syrup, most of them will lick it straight off the palm of your hand. Can be orally syringed if necessary. Ideal for stabled horses and for giving just prior to exercise. **Contains:** Traditional Liquorice and Thyme syrup plus tinctures of Elecampane, Plantain and Ginger.

| Code  | Size    |
|-------|---------|
| 02428 | 0.5pint |
| 02430 | 1.05pts |
| 02432 | 2.1pts  |



### Haemastop Gold

Some horses just never reach their full potential. To ensure you support your horses respiratory response to the extreme physical demands of strenuous physical exercise try our Haemastop Gold. **Contains:** 1:3 tinctures of Eyebright herb, Plantain leaf, Yarrow herb, Hawthorn Berries, Elderflowers, Garlic bulbs, with Apple Cider Vinegar & Honey

| Code  | Size    |
|-------|---------|
| 71120 | 2.1pts  |
| 71124 | 6.3pts  |
| 71126 | 10.5pts |

### Hilton Space Spray

This easy to use, fresh smelling product contains a blend of top quality essential oils selected for their anti fungal and anti bacterial actions. We recommend using Space Spray in stable areas, barns, stalls, horse trailers, in areas of restricted air movement or whenever air quality may be poor. **Contains:** Bergamot, Eucalyptus and Lemon Grass essential oils suspended in alcohol and water.

| Code  | Size    |
|-------|---------|
| 20420 | 1.05pts |

**Handy Tip:** Try using a nose veil/net during the allergy season for your horse, there are now some really effective nets available, that can be easily attached to the horses bridle or halter for use when riding or out grazing. Support your horse by starting to use Shake No More before the pollen season.

'Bad Girls'



# General Health

**Bad Girls** – how can you resist them? A cheeky bunch of young fillies out for a good time! To us they say everything about natural healthcare, a group of young wild horses who are bound to get into all kinds of scrapes, but with everything to live for, their whole lives ahead of them and in full health.

Throughout its life every horse will experience ill health, infection, injury and ultimately the affects of old age. Nature will help support them throughout their lives by supplying them with the health giving plants and herbs that are vital to sustain good health. The 'Bad Girls' will find these plants for themselves as they move with their herd through the canyons of the American West.

For our own horses we can provide a diverse range of products formulated from plants found both on land and in the sea, that can help support optimum health and vitality throughout their lives.

Hilton Herbs – **The Natural Answer** for General Health



# General Health

## General Herb Power

Ten of nature's most effective plants brought together in a carefully formulated and balanced mix to help support optimum health all year round. Use General Herb Power on a daily basis to ensure your horse receives the very best that mother nature has to offer. Ideal for the Winter months, or for animals on restricted turn out.

**Contains:** Marigold flowers, Nettle leaf, Cleaver herb, Milk Thistle seed, Meadowsweet herb, Rosehip shells, Mint herb, Dandelion leaf, Burdock root, Kelp.

| Code  | Size       |
|-------|------------|
| 70170 | 2.2lbs tub |
| 70174 | 4.4lbs tub |
| 70176 | 4.4lbs bag |
| 70178 | 11lbs tub  |
| 70180 | 11lbs bag  |
| 70182 | 22lbs drum |
| 70184 | 22lbs bag  |

## Veteran

An herbal mix to both sustain and support the older horse. The carefully selected herbs will help support a healthy digestion, liver and kidney function, respiration and support prime health of all physiological systems in the older animal. **Contains:** Milk Thistle seed, Celery seed, Meadowsweet herb, Ginkgo leaf, Nettle leaf, Chamomile flowers, Rosemary herb and Burdock root.

| Code  | Size       |
|-------|------------|
| 70370 | 2.2lbs tub |
| 70374 | 4.4lbs tub |
| 70376 | 4.4lbs bag |
| 70378 | 11lbs tub  |
| 70380 | 11lbs bag  |
| 70382 | 22lbs drum |
| 70384 | 22lbs bag  |

## Keeping your Veteran Vital with Hilton Herbs!

Ageing is a natural process, which is why our Veteran mix is in the General Health section rather than in Mobility. Horses and ponies are now living even longer, and with the help of good veterinary care, appropriate feeding, management, farriery and dentistry, the Veteran horse can maintain a good quality of life well into its 30's. Of course as with humans there are a few individuals that defy the odds and live on way beyond this age. In 2004 the UK's Veteran Horse Society succeeded in gaining 'Badger' a 14.2 hh grey Arab X Welsh gelding a place in history, by having him accepted into the Guinness Book of Records at the age of 51!

Herbal and other natural therapies are particularly suited to the older generation, be they people or animals. At Hilton Herbs we produce a number of products that are particularly appropriate for the older horse, which will appear throughout the various healthcare categories. Please don't hesitate to contact us if you have any specific questions about how herbs can keep your Veteran Vital!

## Thrive and Shine

This tasty, non-heating mix is just what you need to help support maximum condition in your horse whatever the season. Rich in oil, protein, vitamins, anti-oxidants, and plant sterols. We recommend this mix to help support older horses, particularly in the Winter months, poor doers or when turnout is limited. **Contains:** Steamed Linseed meal, Fenugreek seeds.

| Code  | Size       |
|-------|------------|
| 70330 | 6.6lbs tub |
| 70334 | 11lbs tub  |
| 70336 | 11lbs bag  |
| 70338 | 22lbs tub  |
| 70340 | 22lbs bag  |

## Hoof And Health

The best of Sea and Soil! Providing a balanced blend of vital nutrients to support; healthy hoof growth, deep coat colour, quality skin and coat condition and all round optimum health. Research has confirmed that certain vitamins, amino acids and minerals play a major role in the development of strong healthy hooves. Hoof and Health formula is the natural way to provide a balanced blend of vitamins, trace elements and minerals that horses need to support healthy hoof growth. Rich in vital elements: Iodine, Sulphur, Iron, Calcium, Copper, Magnesium and Selenium; Vitamins including Beta Carotene, B1, B2, B12, C, D, & E, plus 20 amino acids. **Contains:** Deep Sea Kelp (*Arcosophyllum nodosum*), Rosehip shells, Cornish Calcified Seaweed, Bladderwrack (*Fucus vesiculosus*).

| Code  | Size        |
|-------|-------------|
| 70190 | 8.8lbs tub  |
| 70194 | 13.2lbs tub |
| 70196 | 13.2lbs bag |
| 70198 | 26.4lbs tub |
| 70200 | 26.4lbs bag |

## Cleaver and Marigold

Regarded as 'sister' herbs by herbalists, these two plants work together synergistically, to enhance each others actions and are specific for the support of a healthy and efficient lymphatic system. We particularly recommend this herbal mix for elderly horses, animals prone to 'stocking up', or at any time when exercise is restricted.

**Contains:** Cleaver herb, Marigold (*Calendula*) flowers.

| Code  | Size       |
|-------|------------|
| 70010 | 2.2lbs tub |
| 70014 | 4.4lbs tub |
| 70016 | 4.4lbs bag |
| 70022 | 11lbs bag  |

## Top Coat

Help your horse's coat and skin withstand the ravages of the seasons. Winter with it's rain, cold and mud, spring and summer with the heat, biting insects, and irritations. Top Coat contains plants known for their ability to help support prime skin and coat condition all year round.

**Contains:** Nettle leaf, Dandelion root, Chamomile flowers, Marigold (*Calendula*) flowers, Cleaver herb, Kelp and Burdock root.

| Code  | Size       |
|-------|------------|
| 70350 | 2.2lbs tub |
| 70354 | 4.4lbs tub |
| 70356 | 4.4lbs bag |
| 70358 | 11lbs tub  |
| 70360 | 11lbs bag  |
| 70362 | 22lbs drum |
| 70364 | 22lbs bag  |

## Top Coat Gold

The finest quality plant extracts to help your horses coat and skin withstand the ravages of the seasons. Whether it's winter with the rain, cold and mud or spring and summer with the heat, biting insects, and irritations. The plants in this mix will help support prime skin and coat condition all year round. If necessary use our soothing, anti-bacterial and anti-fungal Phytobalm on legs, heels or scurfy skin.

**Contains:** 1:3 tinctures of – Nettle leaf, Dandelion root, Chamomile flowers, Marigold (*Calendula*) flowers, Cleaver herb, Kelp, Burdock root with Apple Cider Vinegar & Honey.

| Code  | Size    |
|-------|---------|
| 71090 | 2.1pts  |
| 71094 | 6.3pts  |
| 71096 | 10.5pts |

# General Health

## Garlic

- **Powder** – the most economical form for you and your horse.
- **Granules** – less odour for horse and owner!
- **Flakes** – the crème de la crème of garlic.

Whichever form of Hilton garlic you choose to give your horse, you can be confident that it's the very finest quality. Our Chinese suppliers take the greatest care when cold processing the fresh bulbs to ensure that the plants active constituents are preserved. Rich in Allicin, Sulphur, B vitamins, and oil.

### Garlic Powder – Pure Grade 1

| Code  | Size       |
|-------|------------|
| 00479 | 8.8ozs tub |
| 00480 | 1.1lbs tub |
| 00484 | 2.2lbs bag |
| 00486 | 6.6lbs tub |
| 00487 | 6.6lbs bag |
| 00488 | 11lbs tub  |
| 00489 | 11lbs bag  |

### Garlic Granules – Pure Grade 1

| Code  | Size       |
|-------|------------|
| 00509 | 8.8ozs tub |
| 00510 | 1.1lbs tub |
| 00513 | 2.2lbs bag |
| 00516 | 6.6lbs tub |
| 00517 | 6.6lbs bag |
| 00518 | 11lbs tub  |
| 00519 | 11lbs bag  |

### Garlic Oil Pearls

| Code  | Size       |
|-------|------------|
| 00502 | 100's tub  |
| 00504 | 1000's tub |

### Large Garlic Flakes

| Code  | Size       |
|-------|------------|
| 00524 | 2.2lbs bag |
| 00525 | 6.6lbs tub |
| 00526 | 6.6lbs bag |
| 00527 | 11lbs tub  |
| 00528 | 11lbs bag  |

**Interesting Note:** Garlic is known as one of the 'plague herbs' and was an ingredient in 'Thieves Vinegar'. This was a concoction used by the poor individuals who were press ganged into burying the victims of the "Black Death" to help protect themselves from the plague!

On a more modern note, recent research undertaken by the University of East London has confirmed that the allicin component of garlic is effective against antibiotic resistant strains bacteria.



### Virgin Hemp Oil

Hemp oil is an excellent plant source of the essential fatty acids Omega 3 and Omega 6. We source our Virgin Hemp Oil from France where it is marketed in some of the finest grocery shops. We are confident that if its good enough for the discerning French gourmets, then its good enough for our horses, dogs or even us. Our herbalist recommends it to her patients, and we use it for both our horses and dogs.

| Code  | Size    |
|-------|---------|
| 90404 | 2.1pts  |
| 90406 | 6.3pts  |
| 90408 | 10.5pts |

### Apple Cider Vinegar

All the benefits of the original apple in a bottle! Apple Cider Vinegar has a long tradition of use as a healthy supplement for horses, farm animals and domestic pets. It provides a rich natural source of potassium, phosphorus, sodium, calcium, iron and trace elements. Our human grade cider vinegar has a minimum acidity level of 5% and is made from the whole apple, (many cider vinegars are produced from the pulp that is left over after the juice has been extracted!). Use daily to help support overall good health and optimum mobility in horses and ponies of all ages.

| Code  | Size    |
|-------|---------|
| 00752 | 2.1pts  |
| 00754 | 10.5pts |
| 00756 | 52.5pts |

**Handy tips:** Add a couple of tablespoons (50 mls) of our Apple Cider Vinegar with its cooling and astringent action to a bucket of water and use as a final rinse for those itchy, scurvy manes and tails.

### Apple Cider Vinegar & Garlic

Our same high quality Apple Cider Vinegar with an infusion of the finest quality garlic juice, to give your horse the benefits of these two daily supplements.

| Code  | Size    |
|-------|---------|
| 01002 | 2.1pts  |
| 01004 | 10.5pts |
| 01006 | 52.5pts |

### Apple Cider Vinegar & Honey

Our same high quality Apple Cider Vinegar infused with health giving honey, to add a touch of sweetness.

| Code  | Size    |
|-------|---------|
| 01012 | 2.1pts  |
| 01014 | 10.5pts |
| 01016 | 52.5pts |



Somerset Cider apples from the North Perrott orchards.

# General Health

## Himalayan Rock Salt Licks

### The Salt Lick on a Rope!

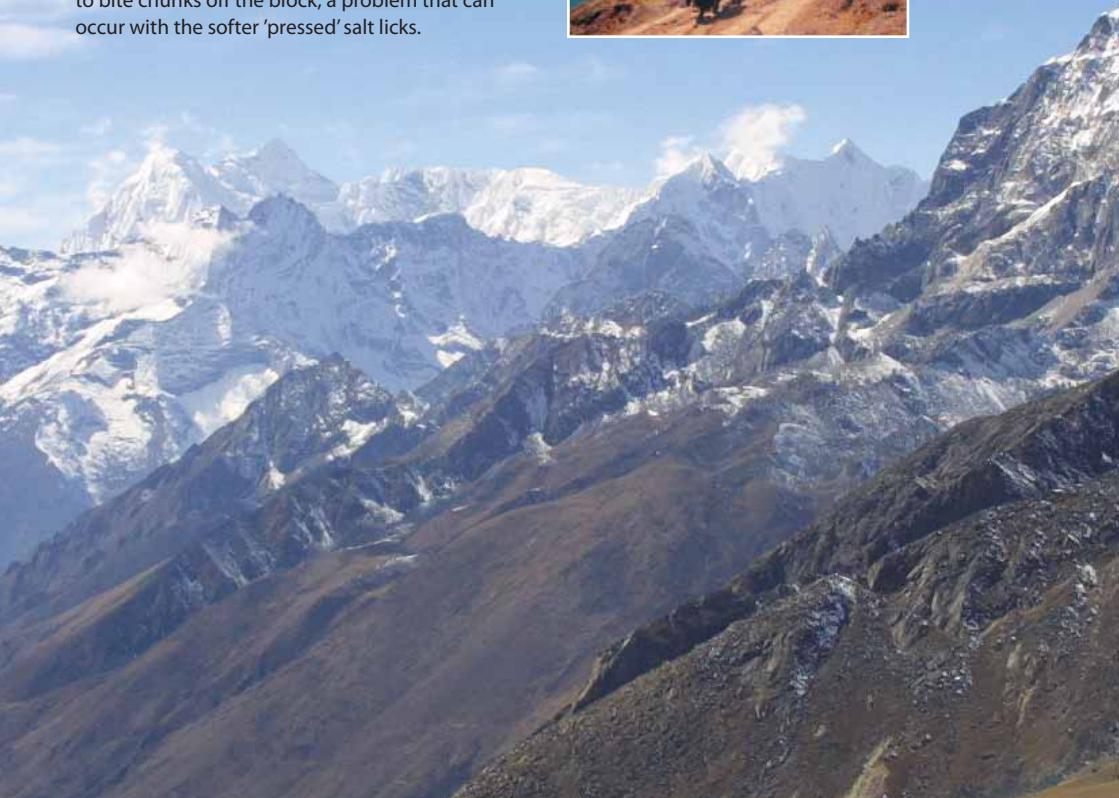
A 550 million year old source of minerals and trace elements for your horse or pony. Mined from the vast and ancient Himalayan mountains, transported down steep passes on the backs of Yaks, and providing the mountain people with one of their main sources of income, these salt licks must be the purest form of salt available.

The distinctive rose pink colour comes from the salts' high mineral content, such as iron, potassium and magnesium, which are all vital for maintaining health. Mass produced salt licks are produced using salt with minerals added in the manufacturing process.

Himalayan rock salt licks are literally 'rock hard', this means that horses and ponies are unable to bite chunks off the block, a problem that can occur with the softer 'pressed' salt licks.

These licks are also much more weather resistant and will not dissolve into a mush when left out in the rain, which means they can be safely left outside in the field for horse to 'self dose'. Our experience has shown that horses do prefer these to other salt licks.

We also sell Himalayan Rock salt in granular form for use in Salt Mills, for all you budding 'domestic goddesses' out there!



## Himalayan Natural Salt Licks

| Code  | Size  |
|-------|---|
| 25980 | Mini: approx 1.65lbs<br>(Fits standard stable lick holder)                |
| 26000 | Baby: approx 2.2lbs (with rope)   |
| 26002 | Medium: approx 6.6lbs (with rope)   |
| 26004 | Large: approx 10.10lbs (with rope)  |
| 25996 | Salt Block: approx 4.4lbs<br>(Fits standard salt block holder)            |
| 26010 | Granular Salt: 1.1lbs   |
| 26014 | Granular Salt: 2.2lbs   |
| 25999 | Salt Block Holder: moulded plastic holder - will fit any 2"x4" salt block |



**Handy Tip:** Endurance riders use weak sugar beet water to encourage their horses to drink during and after competition. In this way the horse will naturally replace fluids lost through sweating and exertion. Hilton Rehydrate can be added to this water.

# General Health

## Phytobalm

A soothing herbal balm with anti-fungal and anti-bacterial properties for topical use on any animal. Phytobalm is easy to apply, quickly absorbed and safe to use on even the most sensitive skin. This superb product is perfect for application to minor wounds, cuts or abrasions, and will not harm even if ingested.

We are crazy about this product and make no apologies for the amount of space we devote to singing its praises. It's no wonder that so many of our customers come back for the bigger size pots once they see how effective it is, for all their animals and themselves.

Phytobalm is manufactured for Hilton Herbs by the UK's leading producer of herbal and aromatic creams for the human market. This company prides itself on producing the very finest quality herbal preparations, using innovative extraction methods to enhance efficacy, and, like Hilton Herbs promotes the organic and ethical wild crafting of herbs.

Phytobalm is a formulated using the following natural ingredients.

- Shea Butter – this forms the base cream that holds all the other natural ingredients. Shea Butter is made from the nuts of a tree found on the African savannahs. This rich soothing cream is used by the local women for their families for minor cuts and abrasions, and for its remarkable skin softening properties.
- Marigold (*Calendula officinalis*) the supreme skin herb, we use both oil and plant extract in our cream for its anti-fungal and anti-bacterial properties. Ideal for minor wounds and skin abrasions.

- Precious Myrrh (*Commiphora molmol*) essential oil, the stuff of legends, and rightly so. Myrrh has been used for centuries both topically and internally for its anti-bacterial properties. It is especially helpful for skin that is slow to heal or has a 'wet' appearance.
- Propolis – this is the fantastic resin that bees produce to protect the colony against any foreign bodies that enter the hive. The propolis is extracted in both alcohol and almond oil, and then introduced in both the water and oil phase of production. Incorporating the propolis into both phases of the cream allows for a more pronounced and prolonged action.
- Hypericum (St John's Wort) oil and tincture which impart a the pinky /red colour to the product. Specific for supporting nerve endings, this herb is ideal for minor wounds and abrasions.

| Code  | Size     |
|-------|----------|
| 20002 | 130g tub |
| 20003 | 250g tub |
| 20004 | 500g tub |



### First Essential

The all natural spray for minor wounds and abrasions, that no barn or yard should be without. This cooling liquid gel combines soothing Aloe Vera with cleansing Tea Tree essential oil and tinctures of Echinacea purpurea and Yarrow with their anti-fungal and anti-bacterial properties. The gel is liquid enough to spray freely but viscous enough to adhere lightly to even the most awkward places on the body. If necessary the spray can be easily removed with water if an alternative is subsequently recommended.

| Code  | Size                 |
|-------|----------------------|
| 10808 | 200ml squeezy bottle |
| 10812 | 500ml spray bottle   |
| 10814 | 1ltr refill bottle   |

### Witch Hazel

Probably one of the widest used plant products in the World. Distilled from the bark of the Witch Hazel tree. This cooling, soothing and astringent liquid is safe to use neat for bathing minor wounds and abrasions, or for soaking compresses and bandages. Available in: 500ml, 1ltr & 3ltr bottles.

| Code  | Size  |
|-------|-------|
| 20332 | 500ml |
| 20334 | 1lt   |
| 20335 | 3lt   |

**Handy Tip:** Add Witch Hazel extract to your horse's wash down water to help cool and soothe the skin after exercise.

### Aloe Vera

Open up the leaves of an Aloe Vera plant and you will find a rich cooling slimy gel, which can be rubbed straight onto the skin. This gel has a strong affinity for skin and epithelial tissue making it appropriate for both internal and external use.

Our 2:1 Aloe Vera extract can be used both internally and externally for horses. The extract also makes an excellent base liquid to which other plant tinctures or essential oils can be added, to create skin washes, gels and sprays according to your individual requirements.

| Code  | Size    |
|-------|---------|
| 20340 | 1.5pts  |
| 20342 | 2.1pts  |
| 20343 | 6.3pts  |
| 20344 | 10.5pts |



# General Health

## Hilton Phyto cleanse Shampoos

Whatever your needs, we have the shampoo for you!

Hilton Phyto cleanse shampoos are concentrated, low lather and contain natural colour enhancers, plant extracts and essential oils. To help ensure your horse looks good whatever the occasion!

### Ocean Blue – A Natural Winner

Our award winning shampoo has still not been bettered. Voted best shampoo for grey and coloured horses two years running and winner of the UK's "Your Horse Best Buy" award for shampoos for greys and pinto's. Ocean Blue is fabulous for lifting the yellow out of manes and tails or cleaning and whitening any areas of grey or white hair on your horses body or legs.

| Code  | Size  |
|-------|-------|
| 20268 | 500ml |
| 20270 | 1lt   |
| 20272 | 3lt   |
| 20273 | 3lt   |

**Black Velvet** – Originally formulated to help keep the famous Lloyd's Bank black Trakehener stallion's coat a nice rich black. This shampoo contains Black Henna, Nettle extract and Rosemary essential oil to help intensify depth of colour in Black and Dark Bay horses, especially useful if the coat has become bleached by the sun.

| Code  | Size  |
|-------|-------|
| 20274 | 500ml |
| 20276 | 1lt   |
| 20278 | 3lt   |
| 20279 | 3lt   |

### Horse Chestnut

– Lets not forget those Bright Bays and Chestnuts out there! Combining the properties of natural Walnut extract and Red Henna, this shampoo will impart richness, depth of colour and gleaming highlights to chestnut, liver chestnut and bright bay coats.

| Code  | Size  |
|-------|-------|
| 20280 | 500ml |
| 20282 | 1lt   |
| 20284 | 3lt   |
| 20285 | 3lt   |

**Ocean Green** – Whatever colour your horse, pony or dog is, our Ocean Green shampoo with its Nettle extract and Rosemary oil will ensure your animals coat and skin remains clean and healthy.

| Code  | Size  |
|-------|-------|
| 20262 | 500ml |
| 20264 | 1lt   |
| 20266 | 3lt   |
| 20267 | 3lt   |

**Coal Tar, Neem and Tea Tree** – This medicated shampoo with its anti-bacterial and anti-fungal properties, contains three classic ingredients to produce a pleasant smelling, cooling and cleansing lather. Ideal for horses or dogs with dull, dry coats or scurfy skin. We recommend its use in conjunction with our product Top Coat, to help keep your animals coat in prime condition whatever the season.

| Code  | Size  |
|-------|-------|
| 20286 | 500ml |
| 20288 | 1lt   |
| 20290 | 3lt   |
| 20292 | 3lt   |

## Hilton Herbballs – The Irresistibly Healthy Reward!

We sell literally tons of our Herbballs to horse owners all over the world, who want to be able to reward their horses as naturally as possible. Our delicious, healthy green nuggets are made from Alfalfa, Wheat Flour and Linseed, mixed with generous quantities of Garlic, Mint, Oregano, and Rosemary with no sugar added! What better or more natural way to reward your horse or pony when they have done well.

### Hilton Herbballs are great as a:

**Top Reward** – Use when your horse or pony has done well, with no sugar or artificial flavours to worry about.

**Top Catching Aid** – Even the shyest horse or pony cannot resist being caught when they know you have these tasty nuggets in your pocket or catching bucket!

**Top Distraction** – Herbballs can work wonders in keeping equine minds occupied when the farrier or vet is visiting.

**Top Gift** – What could be more natural than a bag or Cookie Jar filled with these tasty nuggets. The ideal gift idea for Birthdays, Christmas, or Prizes.

| Code  | Size                 |
|-------|----------------------|
| 72002 | 14ozs resealable bag |
| 72020 | 2.2lbs bag           |
| 72024 | 3.3lbs Cookie Jar *  |
| 72030 | 4.4lbs tub           |
| 72036 | 6.6lbs bag           |
| 72038 | 11lbs bag            |
| 72040 | 22lbs bag            |

\*With red bow.

Available 1st Nov-30th Dec only.

**Handy Hint:** Use crushed Herbballs as a top dressing on feed to encourage shy eaters.



**'Contemplation'**



# Nerves & Hormones

**Contemplation** – The calm and steady eye of a horse that is relaxed, confident, and ready to respond to the rider's aids.

Sadly this is not always the case. Horses are governed by the 'flight or fight' stress response, which prompts them to run from anything that may pose a threat to their lives. By this action, horses in the wild remain safe and alive! As owners we may inadvertently add to the stress we place on our horses by putting further restrictions on their liberty, isolated in stables away from the healthy interaction and companionship of their own kind, simply by not allowing them to 'be a horse'.

Many horses will have to cope with lack of access to grazing, dependence on concentrated feeds, insufficient exercise, the stresses of competition and traveling, or seasonal hormonal changes. It is really no wonder that they become stressed, anxious, tense and display unpredictable behaviour.

You will be pleased to know that the answer may be something as simple as increasing turnout time, reducing concentrated feed and giving the horse more exercise. Nature can also help. In this section you will find carefully formulated, herbal products to help support a calm, healthy, balanced nervous and/or hormonal system. Valerian free blends are also available.

Hilton Herbs – **The Natural Answer** for Nerves & Hormones



# Nerves & Hormones

## Confidence Plus

This product has stood the test of time, we recommend it to help support a calm, healthy and balanced nervous system. Ideal for use when introducing changes in schooling or routine or simply for tense, sensitive horses.  
**Contains:** Valerian root, Chamomile flowers, Vervain herb, Marshmallow root, Hawthorn flowering tops, Meadowsweet herb.

| Code  | Size       |
|-------|------------|
| 70290 | 2.2lbs tub |
| 70294 | 4.4lbs tub |
| 70296 | 4.4lbs bag |
| 70298 | 11lbs tub  |
| 70300 | 11lbs bag  |
| 70302 | 22lbs drum |
| 70304 | 22lbs bag  |

## Confidence Plus VF

When a Valerian Free mix is required, to help support a calm, healthy and balanced nervous system whatever the environment. Ideal training aid for schooling, changes in routine or simply for tense, sensitive horses.  
**Contains:** Chamomile flowers, Vervain herb, Marshmallow root, Hawthorn flowering tops, Meadowsweet herb, Lime flowers, Passion Flower, Lemon Balm herb.

| Code  | Size       |
|-------|------------|
| 70310 | 2.2lbs tub |
| 70314 | 4.4lbs tub |
| 70316 | 4.4lbs bag |
| 70318 | 11lbs tub  |
| 70320 | 11lbs bag  |
| 70322 | 22lbs drum |
| 70324 | 22lbs bag  |

## Easy Mare

Use our proven herbal mixture to help support a healthy and balanced hormonal and nervous system in your mare throughout the year, throughout her season. Some geldings or stallions may also benefit from this mix.  
**Contains:** Vitex agnus castus seed, Valerian root, Bruised Milk Thistle seed, Chamomile flowers, Cramp Bark, Vervain herb, Yarrow herb.

| Code  | Size       |
|-------|------------|
| 70050 | 2.2lbs tub |
| 70054 | 4.4lbs tub |
| 70056 | 4.4lbs bag |
| 70058 | 11lbs tub  |
| 70060 | 11lbs bag  |
| 70062 | 22lbs drum |
| 70064 | 22lbs bag  |

## Easy Mare VF

When a Valerian Free mix is required. Formulated specifically to help support a balanced hormonal and nervous system in mares throughout the year, throughout her season and whatever the environment.. We have found that some geldings or stallions can also benefit from this mix. **Contains:** Vitex agnus castus seed, Chamomile flowers, Yarrow herb, Lemon Balm herb, Lime flowers. Cramp bark, Bruised Milk Thistle seed.

| Code  | Size       |
|-------|------------|
| 70070 | 2.2lbs tub |
| 70074 | 4.4lbs tub |
| 70076 | 4.4lbs bag |
| 70078 | 11lbs tub  |
| 70080 | 11lbs bag  |
| 70082 | 22lbs drum |
| 70084 | 22lbs bag  |



### Confidence Plus Gold

Rich concentrated plant extracts for use when quick absorption is required to help support a calm and healthy balanced nervous system in horses and ponies of all ages. Ideal training aid for schooling, changes in routine or simply tense, nervous, sensitive horses. **Contains:** 1:3 tinctures of – Valerian root, Chamomile flowers, Vervain herb, Marshmallow root, Hawthorn flowering tops, Meadowsweet herb.

| Code  | Size    |
|-------|---------|
| 71070 | 2.1pts  |
| 71074 | 6.3pts  |
| 71076 | 10.5pts |

### Confidence Plus VF Gold

Concentrated plant extracts for quick absorption, when a Valerian Free product is required. This effective product will help support a calm, healthy and balanced nervous system, whatever the environment. Ideal training aid for schooling, changes in routine or simply for tense, sensitive horses. **Contains:** 1:3 tinctures of – Chamomile flowers, Vervain herb, Marshmallow root, Hawthorn flowering tops, Meadowsweet herb, Lime flowers, Passion Flower, Lemon Balm herb.

| Code  | Size    |
|-------|---------|
| 71080 | 2.1pts  |
| 71084 | 6.3pts  |
| 71086 | 10.5pts |

**Handy Tip:** What about using an appropriate Bach Flower Essence for your horse or pony to help with the mental aspect of their behaviour. See our book section for useful titles.

**Handy Tip:** Is your horse difficult to load or travels badly? Try Confidence Plus along with one of the Bach Flower Remedies to make going to a show a real pleasure!

### Easy Mare Gold

Use our proven herbal liquid mix to help support a healthy, balanced hormonal and nervous system in mares throughout the year, throughout the season. Some geldings or stallions may also benefit from this mix. **Contains:** 1:3 tinctures of – Vitex agnus castus seed, Valerian root, Lemon Balm herb, Milk Thistle seed, Chamomile flowers, Cramp Bark, Vervain herb, Yarrow herb.

| Code  | Size    |
|-------|---------|
| 71020 | 2.1pts  |
| 71024 | 6.3pts  |
| 71026 | 10.5pts |

### Easy Mare VF Gold

When you need the quick absorption rate of a liquid Valerian Free product. Formulated specifically to help support a balanced hormonal and nervous system in mares throughout the year, throughout the season, and whatever the environment. We have also found that some geldings or stallions may benefit from this mix. **Contains:** 1:3 tinctures of Vitex agnus castus seed, Chamomile flowers, Yarrow herb, Lemon Balm herb, Lime flowers, Cramp Bark, Milk Thistle seed.

| Code  | Size    |
|-------|---------|
| 71030 | 2.1pts  |
| 71034 | 6.3pts  |
| 71036 | 10.5pts |

'The Dance'



# Mobility

**The Dance** – Two horses in perfect symmetry, moving gracefully, freely, confidently, legs flexed, clean clear tendons and ligaments clearly defined. This is the dream of all horse owners, to ensure their horses retain this suppleness and fluidity throughout their lives regardless of age or activity.

Unfortunately this is not always the reality, and however carefully we look after our horses, the everyday knocks, bumps, kicks or injuries that may be sustained can take their toll, ultimately affecting the mobility of your horse.

We are confident that in this section you will find products to suit your horse's particular needs. Listed in the following pages are a selection of dry and liquid herbal products, plus topical lotions and homeopathics to help support healthy supple joints, muscles and connective tissue in horses and ponies, whatever their age or activity.

Hilton Herbs – **The Natural Answer** for optimum mobility.



# Mobility

## Multi-Flex

This was the very first mix we ever made. Admittedly it has been "tweaked" a bit in the last 16 years, but it has stood the test of time and is still our biggest selling mix. All those horse owners can't be wrong! This pure herbal formula will help support strong, supple joints, muscles, connective tissue and optimum mobility whatever your horse or ponies age. Equally as suitable for the regular competitor or the older horse. **Contains:** Devils Claw root, Hawthorn flowering tops, Meadowsweet herb, Milk Thistle seed, Nettle leaf, Cleaver herb, Celery seed, Dandelion root.

| Code  | Size       |
|-------|------------|
| 70250 | 2.2lbs tub |
| 70254 | 4.4lbs tub |
| 70256 | 4.4lbs bag |
| 70258 | 11lbs tub  |
| 70260 | 11lbs bag  |
| 70262 | 22lbs drum |
| 70264 | 22lbs bag  |

## Circulate Support

Originally formulated for us by our consultant Homeopathic Vet, this mix has proved tremendously effective for the support of a healthy and efficient circulatory system, in horses and ponies of all ages. If necessary use in conjunction with our product Releaf Gold.

**Contains:** Prickly Ash bark, Bilberry fruit, Chamomile flowers, Nettle leaf, Hawthorn flowering tops, Celery seed, Burdock root.

| Code  | Size       |
|-------|------------|
| 70230 | 2.2lbs tub |
| 70234 | 4.4lbs tub |
| 70236 | 4.4lbs bag |
| 70238 | 11lbs tub  |
| 70240 | 11lbs bag  |
| 70242 | 22lbs drum |
| 70244 | 22lbs bag  |



### **MSM+ (Methyl-sulphonyl-methane)**

#### **What does the plus + stand for?**

The plus stands for the 3 herbs we have added to the MSM.

#### **Why have we added herbs?**

Having identified MSM's actions within the body, our herbalist felt she could further enhance and improve on these actions by adding Yarrow, Cleaver and Meadowsweet. These herbs were chosen for their ability to support strong joints, muscles and connective tissue. At Hilton Herbs we specialize in 'Turning Nature into Health.'

#### **What is MSM and what does it do within the horses body?**

MSM is a naturally occurring organic sulphur that is found in grains and grasses. Organic sulphur is vital and concentrations within the body should be high, especially in older animals or horses and ponies undertaking strenuous or intense training programmes.

MSM is necessary for the correct synthesis of amino acids, vitamins and chondroitin sulphates which are responsible for supporting joint lubrication. MSM also supplies bio available sulphur to various types of tissues within the body including: connective tissue, and the tissue needed to support healthy lungs, bone, blood, tendons, hooves and skin.

Unfortunately MSM is destroyed by heating, long term storage, exposure to air, and during the feed manufacturing process. This can mean that horses and ponies who have limited access to grazing, or whose diet relies heavily on processed feeds, may be deficient in this vital compound.

#### **How can I give MSM?**

Fortunately MSM can be easily given to horses. When administered at the recommended levels our MSM + plus will ensure your horse is receiving the necessary requirement to support the health and integrity of joints, tendons, ligaments and other connective tissue. Contains: MSM (Methyl-sulphonyl-methane), Yarrow herb, Cleaver herb, Meadowsweet herb. When administered at the maintenance level of 1 level scoop daily (50ml scoop), 2.2 lbs will last approximately 40 days.

| Code  | Size     |
|-------|----------|
| 04002 | 1kg tub  |
| 04006 | 2kg tub  |
| 04008 | 2kg bag  |
| 04010 | 5 kg keg |
| 04012 | 5kg bag  |

# Mobility

## Multi-Flex Gold

When a quick response is required, this concentrated mix of top quality plant tinctures is just what's needed. Containing Devils Claw plus other carefully selected herbs known for their ability to help support optimum mobility, supple joints and muscles in animals of all ages. **Contains:** 1:3 Tinctures of – Devils Claw root, Hawthorn berries, Meadowsweet herb, Milk Thistle seed, Nettle leaf, Cleaver herb, Celery seed, and Dandelion root with Apple Cider Vinegar & Honey.

| Code  | Size    |
|-------|---------|
| 71060 | 2.1pts  |
| 71064 | 6.3pts  |
| 71066 | 10.5pts |



## Circulate Support Gold

If you prefer to use a liquid product then this herbal tincture version of our successful dry mix is just what you need. Formulated by our consultant homeopathic vet this quickly absorbed product will help support a healthy, efficient and effective circulatory system.

**Contents:** 1:3 Tinctures of – Prickly Ash bark, Bilberry fruit, Chamomile flowers, Nettle leaf, Hawthorn Berries, Celery seed and Burdock root with Apple Cider Vinegar & Honey.

| Code  | Size    |
|-------|---------|
| 71130 | 2.1pts  |
| 71134 | 6.3pts  |
| 71136 | 10.5pts |



### Releaf Gold

Releaf for Horses, the same effective herbal blend that you have come to expect from Hilton Herbs. Generous concentrations of herbal tinctures ensure maximum bio-availability and quick absorption to help support a healthy and efficient musculo – skeletal system. Releaf can be used confidently at any time for horses with even the most delicate digestions. Keep it handy in the barn or tack room. **Contains:** 1:3 tinctures of – Devils Claw root, Meadowsweet herb, White Willow bark with Apple Cider Vinegar & Honey.

| Code  | Size    |
|-------|---------|
| 71140 | 1.05pts |
| 71144 | 2.1pts  |
| 71146 | 6.3pts  |
| 71148 | 10.5pts |

### Extra Mile Gold

This mix was originally formulated for the British and French endurance horses we sponsor. One of whom Georgat ridden by Barbara Lissarrague won the World Endurance Championships in Dubai in 2005. Different disciplines demand different types of fitness, so even if you don't aspire to the World Endurance championships we recommend using Extra Mile for any horse that is working at high levels of fitness whatever the discipline. **Contains:** 1:3 tinctures of – Gotu Kola leaf, Milk Thistle seed, Withania root, Hawthorn berries, Meadowsweet herb, Cleaver herb, Siberian Ginseng root, with Apple Cider Vinegar & Honey.

| Code  | Size    |
|-------|---------|
| 71110 | 2.1pts  |
| 71114 | 6.3pts  |
| 71116 | 10.5pts |

*Barbara Lissarrague and Georgat in the Dubai desert 2005.*



# Mobility

## Rest Easy Gold

Why is it that horses always seem to sustain an injury when they are at their fittest? Not only is this extremely frustrating for the owner, but it also means, that the resulting stall rest makes letting the horse down gradually virtually impossible. Rest Easy is formulated from the finest quality plant tinctures to ensure quick and easy assimilation by the horses system. So you can be confident that your horse can: Rest Easy with herbs to support a steady and relaxed nervous system and recover with herbs to support the musculo-skeletal, circulatory and lymphatic systems. Contains: 1:3 tinctures of – Devils Claw root, Valerian root, Meadowsweet herb, Chamomile flowers, Hawthorn berries, Vervain herb and Cleaver herb with Apple Cider Vinegar & Honey.

| Code  | Size    |
|-------|---------|
| 71150 | 2.1pts  |
| 71154 | 6.3pts  |
| 71156 | 10.5pts |



## Leg Aid

This creamy and easily applied cooling, herbal lotion, is ideal for use both before and after strenuous exercise. Smooth down the tendons or apply to any appropriate area as necessary. We recommend using Leg Aid on horses after trail riding, competition, or for when turn out is limited. Leg Aid contains Arnica tincture so should not be used on open wounds, we do not advise using Leg Aid under bandages.

**Contains:** Aqueous cream base blended with generous quantities of Witch Hazel extract, Arnica tincture, Comfrey leaf tincture and Ruta Graveolens tincture.

| Code  | Size  |
|-------|-------|
| 20040 | 200ml |
| 20044 | 500ml |
| 20046 | 1ltr  |

**Handy Tip:** For that extra cooling effect, add a squirt or two of Leg Aid to your wash down water.

**Karen Robertson** D.O. registered osteopath, seen here with Hilton Merlin - Tony Self's Advanced Endurance horse, is a big fan of the Hilton Herbs product range and uses them for many of her equine patients. She divides her time between running a thriving equine and human practice in Dorset in the south of England, and taking care of the very successful riders and horses of the British Paralympics Dressage team.

Karen specialises in the treatment of competition horses (in all disciplines), not only dealing with any acute injuries sustained in competition, but also working therapeutically to improve overall musculo-skeletal condition, thereby helping the horse achieve optimum mobility and performance.

### Phytosalve

Originally produced for our endurance horses, this soothing easy to apply herbal lotion is just what you need for massaging your horse. Easily absorbed Phytosalve can be applied to any muscle and massaged in gently, your horse will love you for it. We recommend using Phytosalve in conjunction with physiotherapy, massage, during and after any strenuous exercise. **Contains:** Aqueous cream base blended with generous quantities of Arnica tincture, Comfrey tincture and Lavender essential oil.

| Code  | Size  |
|-------|-------|
| 20030 | 200ml |
| 20034 | 500ml |
| 20036 | 1ltr  |



### MSM Gel

All the benefits of MSM, but in a gel form for external applications. We have taken this cooling, soothing gel and added generous quantities of Arnica and Comfrey leaf tincture to help support connective tissue, tendons and ligaments in the very best condition.

| Code  | Size  |
|-------|-------|
| 20010 | 500ml |
| 20012 | 1ltr  |
| 20014 | 5ltr  |

### Essential Arnica

Soothing cooling Aloe Vera gel, with added Arnica tincture, Chamomile and Lavender essential oil. Producing an easy to apply gel, ideal for minor wounds, abrasions and scuffs. We recommend using in conjunction with an appropriate homeopathic remedy.

| Code  | Size  |
|-------|-------|
| 10801 | 200ml |
| 10804 | 500ml |



'Domecq'



# Special Needs

**Domecq** – A wonderful shining image, with the blood of the Spanish Conquistadors' mounts flowing through his veins, bathed in luminescent light. Domecq embodies the very essence of the special relationship we have with our horses. Of course every horse is special, but from time to time some of them need that extra bit of care and attention.

The following range of products have been carefully formulated to help support these 'Special Needs' horses, maintain their quality of life, restore the natural balance, and encourage them back to full health.

So if you have an elderly horse who struggles to shed his coat, one whose immunity you wish to support, a pony that just seems to live on fresh air, or a horse with a sensitive digestive system, one of the following products may be just what you are looking for to help that very special horse in your life.

Hilton Herbs – The Natural Answer for Special Needs.



# Special Needs

**Handy Tip:** The following Bach Flower essences may be helpful for use in conjunction with our Vitex Plus: Hornbeam, Olive, Oak, Scleranthus, Gorse & Crab Apple, check in our Bach Flower Remedies for Animals book to help you decide which is the most appropriate flower essence for your horse.

## Vitex Plus

Special Needs: Clinically trialled formula, to support a balanced endocrine system in horses and ponies of all ages.

As part of her BSc degree course in herbal medicine our herbalist was required to undertake clinical studies. Hilary took the opportunity to trial a single herb Vitex agnus castus on a group of 50 elderly ponies. In response to the findings of this trial she then formulated Vitex Plus. Owners have reported excellent results with this mix especially with older horses and ponies who struggle to shed their coats in Spring/Summer. **Contains:** Vitex agnus castus seed, Goats Rue herb, Bilberry fruit, Artichoke leaf, Bruised Milk Thistle seed, Golden Rod herb.

| Code  | Size       |
|-------|------------|
| 70030 | 2.2lbs tub |
| 70034 | 4.4lbs tub |
| 70036 | 4.4lbs bag |
| 70038 | 11lbs tub  |
| 70040 | 11lbs bag  |
| 70042 | 22lbs drum |
| 70044 | 22lbs bag  |

## Digest Support

Special Needs: a soothing formula specially formulated for the support of a healthy digestive system. We recommended this mix for horses who are working at high levels of fitness, on diets containing high protein feeds, those horses that have limited access to turnout / grazing, or for use if there is any change to the horses diet or routine. **Contains:** Slippery Elm, Marshmallow root, Meadowsweet herb, Cramp Bark stem bark, Bruised Milk Thistle seed, Liquorice root, Gotu Kola leaf.

| Code  | Size       |
|-------|------------|
| 70130 | 2.2lbs tub |
| 70134 | 4.4lbs tub |
| 70136 | 4.4lbs tub |
| 70138 | 11lbs tub  |
| 70140 | 11lbs bag  |
| 70142 | 22lbs drum |
| 70144 | 22lbs bag  |



### Echinacea Plus

Use our dried herbal formulation rich in Echinacea purpurea root, to support your horses immune system and response at all times. If necessary, use our soothing herbal Ditton (Thuja) cream if the skin requires a topical application. **Contains:** Echinacea purpurea root, Gotu Kola leaf, Bruised Milk Thistle seed, Cleaver herb, Nettle leaf, Burdock root, Rosehip shells.

| Code  | Size       |
|-------|------------|
| 70090 | 2.2lbs tub |
| 70094 | 4.4lbs tub |
| 70096 | 4.4lbs tub |
| 70098 | 11lbs tub  |
| 70100 | 11lbs bag  |
| 70102 | 22lbs drum |
| 70104 | 22lbs bag  |



### Metabolyte Gold

This unique product has been specifically formulated to help support the normal, correct and efficient metabolism of glucose and other nutritional energy sources. The liquid format makes it easy to administer. We recommend this mix for 'good doers' and 'easy keeper' type ponies and hardy native breeds whose owners struggle to reduce their animals body weight.

**Contains:** 1:3 tinctures of – Milk Thistle seed, Goat Rue herb, Artichoke leaves, Burdock root, Nettle leaf and Garlic juice with Apple Cider Vinegar.

| Code  | Size    |
|-------|---------|
| 71000 | 2.1pts  |
| 71004 | 6.3pts  |
| 71006 | 10.5pts |

### Echinacea Plus Gold

If you need really quick results then use our liquid formula, rich in Echinacea purpurea root, to support your horses immune system and response at all times, whatever the environment. If necessary use our soothing herbal Ditton (Thuja) cream, for topical application. **Contains:** 1:3 tinctures of Echinacea purpurea root, Gotu Kola leaf, Milk Thistle seed, Cleaver herb, Nettle leaf, Burdock root, Rosehip shells.

| Code  | Size    |
|-------|---------|
| 71100 | 2.1pts  |
| 71104 | 6.3pts  |
| 71106 | 10.5pts |



## Ditton (Thuja) cream

Our Ditton cream is formulated and manufactured by the same company that produces our fantastic Phytobalm cream. Taking the finest quality Calendula cream they add Witch Hazel extract with its cooling, soothing, drying and astringent properties, rich and effective Calendula oil and Thuja, the traditional herbal and homeopathic plant for helping to support a healthy immune system. Ditton (Thuja) cream is safe to use on even the most sensitive areas, will not harm even if ingested, and should be applied once or twice daily.

| Code  | Size |
|-------|------|
| 20402 | 130g |
| 20404 | 250g |

## Milk Thistle Plus

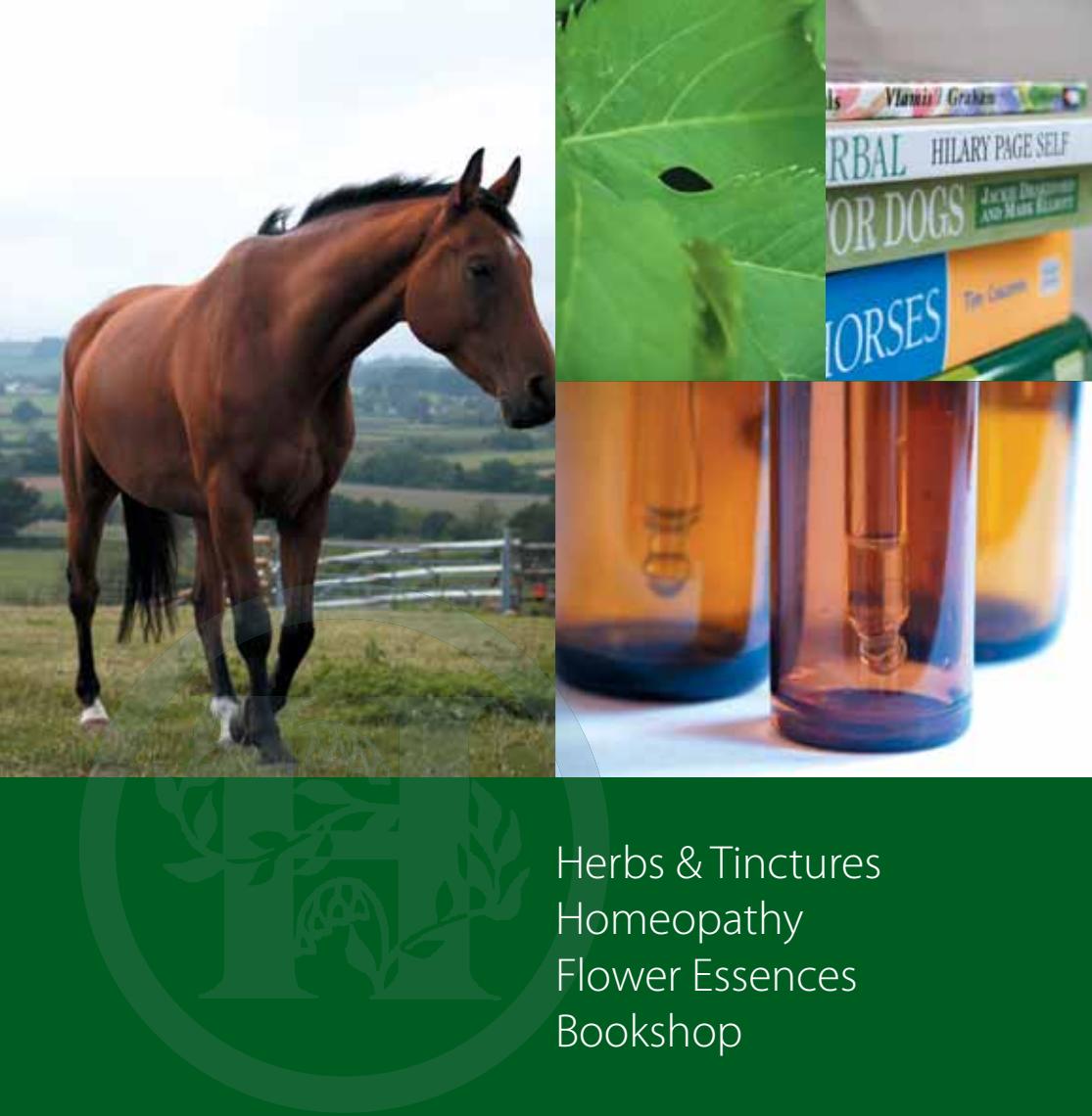
This tried and tested formulation will help support normal healthy liver, kidney and lymphatic function in horses and ponies all year round. We particularly recommend using Milk Thistle Plus when access to pasture is restricted, routinely in conjunction with your regular worming program or at any time when your horses liver and/or kidneys are under particular stress. **Contains:** Bruised Milk Thistle seed, Dandelion root, Burdock root, Cleaver herb, Nettle leaf, Liquorice root, Dandelion leaf.

| Code  | Size       |
|-------|------------|
| 70150 | 2.2lbs tub |
| 70154 | 4.4lbs tub |
| 70156 | 4.4lbs bag |
| 70158 | 11lbs tub  |
| 70160 | 11lbs bag  |
| 70162 | 22lbs drum |
| 70164 | 22lbs bag  |

## Milk Thistle Plus Gold

Rich concentrated plant tinctures for use when quick absorption is required. Our liquid formulation will help support your horses liver and kidney function. Ideal for use in the spring, when access to pasture is restricted, or routinely in conjunction with worming programs. **Contains:** 1:3 tinctures of – Milk Thistle seed, Dandelion root, Burdock root, Cleaver herb, Nettle leaf, Liquorice root, Dandelion leaf with Apple Cider Vinegar & Honey.

| Code  | Size    |
|-------|---------|
| 71050 | 2.1pts  |
| 71054 | 6.3pts  |
| 71056 | 10.5pts |



Herbs & Tinctures  
Homeopathy  
Flower Essences  
Bookshop

# Straight Herbs & Tinctures

## Hilton Herbs

Tony Self is responsible for the sourcing and contracting of all our raw materials. You could say he's in the futures markets, assessing the company's herbal requirements as much as 18 months ahead of time. In many cases he will be contracting on plants that have not even been grown yet!

Of course we hold large stocks of all the herbs in our proprietary mixes, but we also stock many others. All of our herbs can be bought as 'straights' to be used by customers who either just want to use a 'simple' herbal therapy or for those who want to formulate their own blends. Unfortunately we don't have the room to list them all, but here are a few of the most commonly requested herbs. If you can't find the one your looking for in the list below, please contact our Helpline who will be happy to tell you if what you want is available and quote you a price.

|   |                          |                 |                 |                 |
|---|--------------------------|-----------------|-----------------|-----------------|
| Chamomile Flowers <b>B</b>                        | 00694 - 2.2lbs           | 00698 - 4.4lbs  | 00700 - 11lbs   |                 |
| Cleaver Herb <b>B</b>                             | 00624 - 1.1lbs           | 00628 - 2.2lbs  | 00627 - 4.4lbs  |                 |
| Comfrey Leaf <b>B</b>                             | 00442 - 1.1lbs           | 00446 - 2.2lbs  | 00450 - 4.4lbs  | 00456 - 11lbs   |
| Dandelion Leaf <b>B</b>                           | 01406 - 2.2lbs           | 01410 - 4.4lbs  |                 |                 |
| Devils Claw Root <b>B</b>                         | <b>FC</b> 00660 - 3.5ozs | 00664 - 1.1 lbs | 00668 - 2.2 lbs | 00672 - 4.4 lbs |
| Echinacea purpurea cut root <b>B</b>              | 00584 - 1.1lbs           | 00588 - 2.2lbs  | 00590 - 4.4lbs  |                 |
| Eyebright Herb (Euphrasia) <b>B</b>               | 00652 - 3.5ozs           | 00654 - 1.1lbs  | 00656 - 2.2lbs  |                 |
| Hawthorn Flowering Tops <b>B</b>                  | 01586 - 2.2lbs           | 01590 - 4.4lbs  | 01594 - 6.6lbs  |                 |
| Milk Thistle Seed (Whole) <b>B</b>                | 00614 - 1.1lbs           | 00618 - 2.2lbs  |                 |                 |
| Milk Thistle Seed (Bruised) <b>B</b>              | 03498 - 1.1lbs           | 02500 - 2.2lbs  | 03502 - 4.4lbs  |                 |
| Milk Thistle Seed <b>FC T</b>                     | 00621 - 100g             | 00623 - 250g    |                 |                 |
| Nettle Cut Leaf <b>B</b>                          | 00462 - 1.1lbs           | 00466 - 2.2lbs  | 00470 - 4.4lbs  | 00476 - 11lbs   |
| Mint Herb <b>B</b>                                | 00546 - 2.2lbs           | 00550 - 4.4lbs  | 00556 - 11lbs   |                 |
| Raspberry Leaves <b>B</b>                         | 00782 - 1.1lbs           | 00786 - 2.2lbs  | 00790 - 4.4lbs  | 00791 - 11lbs   |
| Rosehips Fine Cut <b>B</b>                        | 00772 - 2.2lbs           | 00774 - 4.4lbs  | 00778 - 11lbs   | 00780 - 22lbs   |
| Seaweed Kelp <b>T</b><br>(Arcosophyllum nodosum)  | 00532 - 4.4lbs           | 00534 - 6.6lbs  | 00536 - 13.2lbs |                 |
| In Bags <b>B</b>                                  | 00537 - 13.2lbs          | 00539 - 22lbs   |                 |                 |
| Slippery Elm Powder <b>T</b>                      | 00682 - 8.8ozs           | 00684 - 1.1lbs  | 00686 - 2.2lbs  |                 |
| Valerian Root <b>B</b>                            | 00562 - 1.1lbs           | 00564 - 2.2lbs  | 00566 - 4.4lbs  |                 |
| Vitex agnus castus <b>B</b><br>(Chaste Tree) seed | 00602 - 10.5ozs          | 00606 - 1.3lbs  | 00610 - 2.2lbs  |                 |

**B=Bag, T=Tub, FC=Fine Cut**

## Hilton Tinctures

We care just as much about the quality of the tinctures we use in our proprietary mixes, as the herbs we sell. In fact the majority of our tinctures are produced for us using our very own herbs. All our tinctures are made using the following traditional method. First the plant material (herb, flower, leaf, root etc) is macerated (steeped) in a combination of ethyl-alcohol (made from fermented sugar beet) and water over a period of three weeks. The ratio of water to alcohol will vary, depending on whether the plant's constituents/active ingredients are water soluble or alcohol soluble. At the end of the maceration period the plant material is pressed (just like in an apple press) and the liquid containing all the vital active constituents is poured off.

We stock over 60 tinctures, obviously this includes all the tinctures in our proprietary mixes, but we also have many others that Hilary uses for her special mixes or in her dispensary. Unfortunately we don't have the room to list them all, but here are a few of the most commonly requested. If you can't find the one your looking for in the list below, please contact our Helpline who will be happy to tell you if we have it in stock and quote you a price. The majority of our tinctures are 1:3 (that is one part of plant material to 3 parts of liquid) the % denotes the percentage of alcohol to water in the liquid part of the tincture.

All our tinctures are available in the following sizes: 0.5pts; 1.05 pts; 2.1 pts  
(250ml, 500ml, 1 litre).



Bilberry fruit 1:3 25%  
Burdock root 1:3 25%  
Chamomile flower 1:6 45%  
Cleaver herb 1:4 25%  
Comfrey leaf 1:5 30%  
Dandelion root 1:3 45%  
Dandelion leaf 1:4 45%  
Devils Claw root 1:3 25%  
02232; 02234; 02236  
Echinacea purpurea root 1:3 45%  
02200; 02202; 02204  
Elecampane root 1:3 25%  
Eyebright herb (Euphrasia) 1:5 25%  
Golden Rod herb 1:3 25%  
Hawthorn berry 1:3 45%  
Lemon Balm herb 1:3 45%  
Liquorice root 1:3 25%  
Marigold (Calendula) flower 1:4 90%  
Meadowsweet herb 1:3 25%  
Milk Thistle seed 1:3 25%  
02380; 02382; 02384  
Nettle herb 1:4 25%  
Plantain leaf 1:3 25%  
Prickly Ash bark 1:3 45%  
Raspberry leaf 1:4 25%  
Valerian root 1:3 45%  
02210; 02212; 02214  
Vitex agnus castus (Chaste Tree) 1:3 45%  
02222; 02224; 02226  
Vervain 1:3 25%  
Yarrow herb 1:4 25%

# Homeopathy

## **Homeopathy for Horses**

In recent years the use of homeopathics for horses has dramatically increased. Owners and trainers who have successfully used homeopathic products for themselves, are gaining confidence in their application for horses, dogs and other animals.

At Hilton Herbs we stock over 230 homeopathic's in a variety of potencies (6c, 30c, 200c, 1M, plus several combinations). The majority of these are in the hard tablet form, with a few liquid products. All our homeopathic tablets are supplied in dark glass vials (7g approx 50 tablets). Our liquid homeopathics are supplied in 30ml dark glass dropper bottles.

Any information given by our Helpline is taken from a variety of excellent books on the use of homeopathy for horses and other animals. Including **Homeopathy for Horses** by Tim Couzens BvetMed, MRCVS, VetMFHom, CertVet AC. An invaluable reference for all horse owners, equine therapists and veterinarians. (See our books section).

We hope that customers who are not so familiar with the use of homeopathics may find the following basic instructions useful.

How to administer and store homeopathic tablets or liquids, as recommended in **Homeopathy for Horses – Tim Couzens**.

- The quantity given (one tablet) is the same regardless of size, weight, height or age of animal. It makes no difference if it is an elephant or a mouse!
- Do not handle the tablet. The surface of the tablet is potentised, oil or sweat from your skin will reduce the potency.
- Tip one tablet into the cap of the container and then directly into the lower lip of the horse. Owners may find it easier to use a small piece of apple/carrot, make a small hole in it, tip the tablet into the hole and then give it to the horse.
- Liquids (about 10 drops) can either be dropped straight into the horse's lower lip or dropped onto the cut surface of an apple and then fed.
- Never return unused tablets or tablets that have been dropped back into the container.
- Always keep the lid on the glass vial and store containers out of strong sunlight, at room temperature and away from extremes of temperature.
- Keep away from strong smells, perfumes and essential oils such as camphor, eucalyptus etc.
- Keep away from sources of electromagnetic radiation such as cell phones, televisions, computers and microwaves.



Listed below are just a few of the more common homeopathics we stock. Please don't hesitate to contact our Helpline for full details of our homeopathic range.

|  |               |               |
|--|---------------|---------------|
| Arnica   | Echinacea     | Nux Vom       |
| Arnica 1m, Rhus Tox1m & Ruta Grav 200c combination | Euphrasia     | Phosphorus    |
| Apis Mel   | Gelsemium     | Pulsatilla    |
| Arsen Alb  | Graphites     | Quercus Robur |
| Belladonna   | Heckla Lava   | Rhus Tox      |
| Bryonia  | Hypericum     | Ruta Grav     |
| Cal Carb   | Ignatia       | Sepia         |
| Calc Fluor   | Lachesis      | Silica        |
| Calc Fluor & Heckla Lava combination               | Ledum         | Sulphur       |
| Calendula  | Lycopodium    | Thuja         |
| Culicoides midge                                   | Mixed Grasses | Urtica        |
|  | Mixed Pollen  |               |

**10050 – Any 6-30c homeopathic – 7g**

**10052 – Any 200c or combination homeopathic – 7g**

**10054 – Any 1m homeopathic – 7g**

**10056 – Any special order – 7g**

**10462 – Arnica 200c liquid homeopathic – 30ml**

**10466 – Arnica 1m/Ruta 200c/Rhus Tox 1m liquid homeopathic – 30ml**

**10468 – Arnica 30c liquid homeopathic – 30ml**

**10602 – Arnica 1m/Ruta 200c/Rhus Tox 1m tablets – 7g**



# Flower Essences

## Dr Bach Flower Essences

Most of us have used the famous Recovery/Rescue Remedy to help us cope with exam nerves, driving tests, or to settle those pre-competition butterflies! Well there is no reason why our horses, or in fact any of our animals, shouldn't benefit from these wonderful natural therapies as well.

At Hilton Herbs we are proud to stock the Ainsworths range of Bach Flower Essences. Ainsworths is a founder member of the British Association of Flower Essence Producers, which sets and maintains the highest standards and monitors regulatory requirements.

Ainsworths homeopathic chemist in London, England, offers the worlds largest range of homeopathic remedies and holds the royal warrants for both Her Majesty the Queen and His Royal Highness the Prince of Wales.

*Extract from Ainsworths Bach Flower Remedies – Quick Guide.*

"The flower essences we produce are made entirely by ourselves, from an organic natural environment of woodland, hillsides, pastures and gardens. These grounds are owned, conserved, and protected by us with the minimum of human intervention, allowing a completely natural habitat for the plants and trees to grow."

**Carole Gregory-Pinkus and Tony Pinkus**  
Directors of Ainsworth

Although Dr Bach was a homeopathic doctor and was appointed as Pathologist and Bacteriologist at the Royal London Homeopathic Hospital, he was very clear that his flower essences were not homeopathic preparations.

Ainsworths essences are preserved in brandy at a 1:240 dilution of flower essence, closely following Dr Bach's original instructions. This ensures that they contain 417 times more flower essence than those made by 5x homeopathic dilution.

There are 38 Bach flower essences, plus other products such as the combination Recovery Remedy, Emergency Spray and Emergency Formula. These essences are very much aimed at 'states of mind' e.g. fear, jealousy, lack of confidence etc.

**Handy Tip:** When deciding which is the most appropriate essence, our experience has shown that it is important for the owner to try and view the problem from the animal's point of view, rather than from their own. A good example of this is as follows:

Hilary and Tony's Dobermann bitch Rags used to get very agitated and fearful just before and during thunderstorms, digging at the carpet, whining and cowering in corners. They selected Mimulus flower remedy which is recommended for 'fear of known things'. They would give Rags the remedy as soon as they knew a storm was coming, but found that it only seemed to make her slightly less agitated, and did nothing to reduce the fear and panic she experienced.

Then they thought to themselves "hang on, we know it's the thunderstorm that frightens her, all she knows is that the pressure builds up and suddenly there are all these scary bangs and crashes!!"

They switched to using Rock Rose essence which is recommended for 'suddenly scared and panicky' and never looked back. Rags was much better, not scared and stopped digging up the carpet and hiding in corners.

So the moral of the story is, to put yourself in the animal's position, look at the problem through their eyes, and then ask the question, how would I feel and why?

# Bach Flower Essences

We stock some excellent books that will help you choose the most appropriate flower essence for your animals, whatever the problem. One of our favourites is **Bach Flower Remedies for Animals** by Helen Graham and Gregory Vlamis. See page 50 for further details.

**20052**

Ainsworths Bach Flower Recovery Essence  
10ml

**20054**

Ainsworths Bach Flower Recovery Essence  
20ml

**20210**

Recovery Plus – Emergency Spray  
20ml



# Bookshop

## The Hilton Bookshop

For all you bookworms out there! We have a broad range of titles to help you care for your animals using the very best in natural healthcare therapies.

### Spirit Horses by Tony Stromberg

Tony Stromberg is the 'Artist' responsible for the five stunning images we use to portray our five healthcare categories, and on our product packaging.

This exquisite hardback coffee table book containing over 140 evocative images, reconnects us with the natural world around us. Tony Stromberg's photography rekindles our love of the wild, and re-awakens a place inside us that resonates with the deeper more ancient truth that horses embody, and bring to our world. This visual book draws its strength from the simplicity and grace of horses' lives. To complement this visual simplicity the author has selected appropriate quotations from the writings of various great minds, to impress on all of us how vital it is that we retain our ancient connections with horses and other animals.

30110

## Herbal and Holistic Healing

### A Modern Horse Herbal by Hilary Page Self

Now in its 7th reprint and available in five languages. Our customers refer to this book as their Bible and people who know Hilary say that reading it is like listening to her talk!

Hilary Self BSc. MNIMH is a medical herbalist and a member of the National Institute of Medical Herbalists. Her experience with the use and application of herbs for horses spans 25 years. She is responsible for all Hilton Herbs formulations and clinical research into the use of herbs for horses. Hilary has lectured at veterinary seminars and equine complementary healthcare workshops in Europe, Australia, New Zealand and America.

A Modern Horse Herbal contains a *Materia Medica* of over 50 herbs, plus an A-Z of commonly experienced equine conditions and ailments with suggestions on which herbs to use. This book is excellent for any horse owner interested in using herbs and natural healthcare for their horses.

30304

### Complete Holistic Care and Healing for Horses by Mary L Brennan DVM, with Norma Eckroate

The Owners Veterinary Guide to Alternative Methods and Remedies. A comprehensive book for horse owners, offering in-depth coverage of:

- Complementary Healthcare Methods
- Care and Management
- Conventional Methods
- Nursing Your Horse
- A-Z of over 90 Common Ailments

30436

**Clinical Equine Anatomy and Common Disorders of the Horse by Ronald J. Reigel and Susan A Hakola. Vol 1. and Vol 2.**

Detailing conventional diagnosis and treatment for horses, these two award winning books are the best reference books available. Equally suitable for both veterinary practitioner and equine science degree student. These two comprehensive volumes contain exceptional technical illustrations and detailed information that will both fascinate and educate. Essential reading for all serious students. (See details of our matching Wall Charts).

**30324 – Vol 1 Equine Anatomy and Lameness**

**30326 – Vol 2 Equine Anatomy and Internal**

**Veteran Horse Herbal by Hilary Page Self**

Following on from A Modern Horse Herbal, this book offers practical advice on the use of herbs and other complementary therapies, that can be used to treat a wide range of disorders commonly affecting the older horse. The book also includes useful tips on caring for the older horse, and describes how to make and use herbal infusions, poultices, sprays and washes. Colour plates throughout the book will help the reader readily identify many of the recommended herbs and plants.

**30360**

**Sports Massage For Horses**

**by Pennie Hooper**

With the aid of specially taken photos, Pennie offers detailed advice on how to massage every major muscle group in the horse's body. With FAQ's plus a quick reference list of specific problems and how to resolve them. Your horse will thank you for reading this book!

**30568**

**The Complete Herbal Handbook for Dog and Cat by Juliette de Baïracli Levy**

This book provides the dog and cat owner with a wealth of information on the use of herbal medicine, disease prevention and the world famous Natural Rearing methods used by this wonderful herbalist and renowned Afghan Hound breeder.

**30358**

**What Horses Say**

**by Anna Clemence Mews & Julie Dicker**

Sadly Julie Dicker passed away in August 2006, but her great gift and ability to listen and talk to animals will live on within the pages of this lovely book. Includes beautiful illustrations by the famous equestrian artist Lydia Kiernan. Based on dozens of interviews with her clients, veterinary colleagues and other horse professionals, the book describes her insight and experiences, as well as showing the reader ways in which they may be able to communicate with their own horses on a deeper level.

**30550**

# Bookshop

## **Essential Care for Dogs – A Holistic Way of Life**

**by Jackie Drakeford and Mark Elliott MRCVS**

We cannot recommend this book too highly. It is equally suitable for both the new and experienced dog owner. Easily accessible and full of absolutely vital information this book takes your hand and leads you through dog ownership from start to finish. Packed with really sensible advice on choosing the most suitable dog, caring for puppies, feeding for health and good behaviour, body care, exercise, caring for the older dog, breeding and first aid.

30570

## **Your Sick Dog by Nico Maritz BVSc. MRCVS**

A dog owner's guide to understanding and managing breeding, illness and injury. What's wrong with my dog? This interesting and helpful book looks at dog care and management from a completely different perspective. Each chapter of the book is written as if it were a consultation with your vet, and covers all the common symptoms people consult their vets on. Each chapter starts with a flow diagram that will help guide the reader through the chapter, asking appropriate questions and explaining the pros and cons of the various treatment options. The book explains how you can do much of the detective work yourself and often reach a diagnosis on your own. An invaluable and informative manual for every dog owner.

30572

## **Bach Flower Remedies**

### **Bach Flower Remedies for Animals**

**by Helen Graham and Gregory Vlamis**

We reckon this is 'the Bible' for anyone who wants to use the Bach Flower Essences. The book is very readable, with an introduction to the philosophy of Dr Bach's wonderful flower essences, and advice on how to assess your particular animal's character and temperament. The index is excellent and each flower essence is covered in detail, with comprehensive advice on choosing the appropriate one for horses, dogs, cats, sheep and even fish!

30342

### **Bach Flower Remedies for Horse and Rider by Martin J. Scott (with Gael Mariani)**

This book focuses on how Bach Flower essences can be used by riders, owners and trainers to help both the horse and themselves, cope with some of the more common problems and situations within the equestrian world!

30434

### **Dogs Misbehaving**

**by Martin J. Scott and Gael Mariani**

This book explains how to use Bach Flower essences to tackle your dog's problems such as aggression, attention seeking, barking, biting, destructiveness, separation anxiety, hyperactivity, jealousy, and turn him into the perfect pet.

30438



## **Homeopathy**

The book we've all been waiting for!

**Homeopathy for Horses by Tim Couzens  
BvetMed, MRCVS, VetMFHom, CertVet AC**

- An invaluable reference for all horse owners, equine therapists and veterinary practitioners.
- A major contribution to the field of complementary medicine.
- Written by one of the UK's most experienced practising Veterinary Homeopaths.

Homeopathy for Horses is an up to date and practical guide to using homeopathic remedies to treat horses and ponies. We are sure that this comprehensive book will quickly be recognised as the definitive homeopathic reference book for horses. Over 500 pages including all you need to know about selecting and administering homeopathic remedies for:

Digestive System – Liver – Urinary System  
Reproductive System – The Foal  
Musculoskeletal System – The Skin – First Aid  
The Ear – Respiratory System  
Heart & Circulation – Blood & Blood Vessels  
The Lymphatic System – The Foot  
Nervous System – Behaviour – Infectious Diseases.

Plus a brief history of homeopathy and an explanation of its principles. Information on how to identify and select the most appropriate remedy, potency and dose for each case. The care, storage, and administration of remedies, and an equine Materia Medica of unprecedented detail.

We are confident that this book will quickly become the 'must have' for anyone who wants to know more about the practical application of homeopathy for horses.

**30555**

## **Ainsworths Homeopathic Guides**

A range of concise and easy to read guides, on the everyday use of homeopathy for various animals.

### **30302 – Horses & Homeopathy**

Mark Elliot & Tony Pinkus

### **30300 – Homeopathy The Shepherds Guide**

Mark Elliot & Tony Pinkus

### **30303 – Dogs & Homeopathy**

Mark Elliot & Tony Pinkus

### **30305 – Homeopathy The Herdsman's Guide**

Philip Hansford & Tony Pinkus

### **30202 – Homeopathy For A Healthier Cat**

Mark Elliot & Tony Pinkus



# Other Animals



## Other Animals

Over the last 20 years we have been busy developing not only natural healthcare products for Horses, but also comprehensive product ranges for Dogs, Poultry, Avian Birds and even Racing Pigeons!

These ranges are now so well established and extensive that they have their own catalogues and website pages.

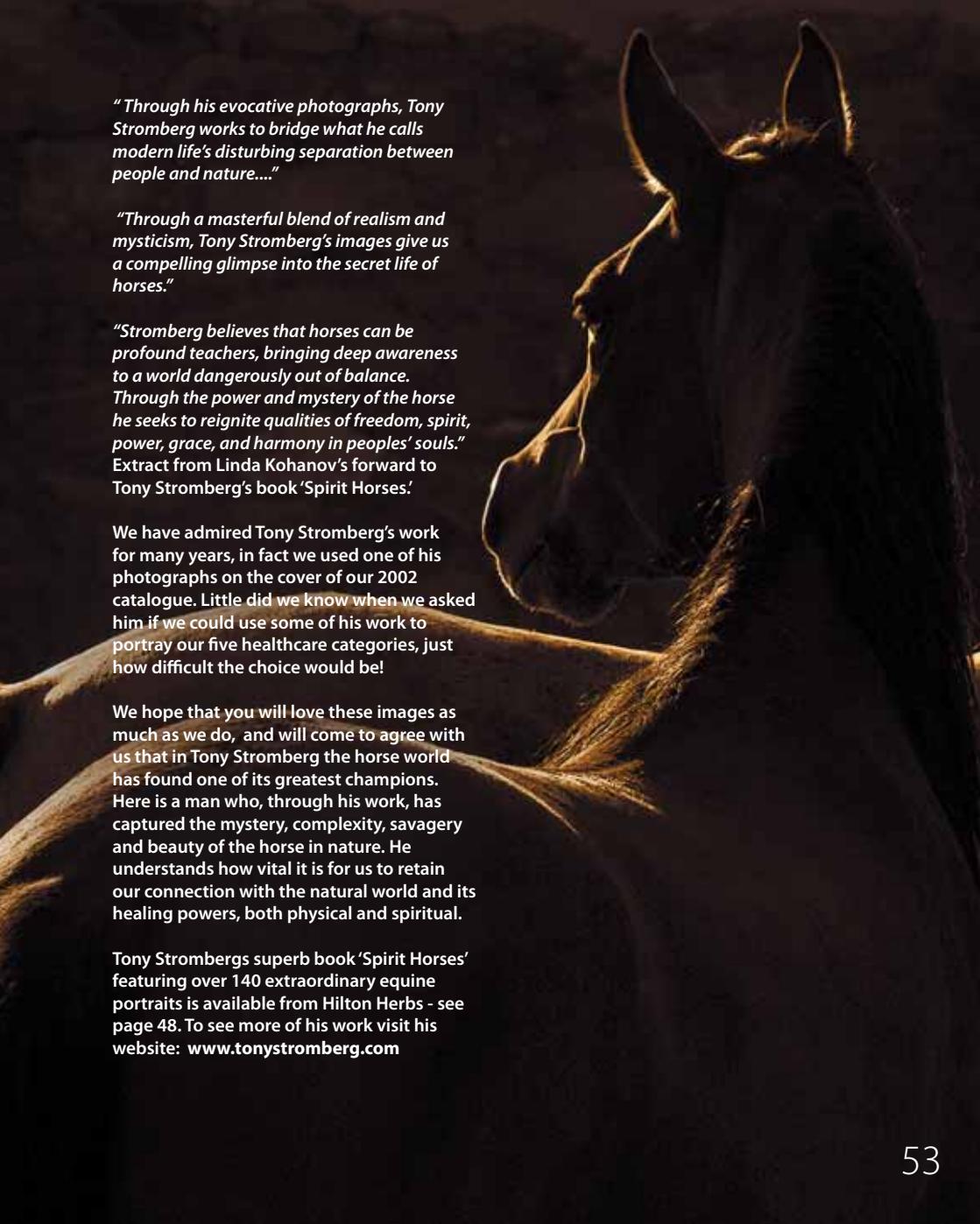


If you need information on any of our natural healthcare products for your animals and birds just visit our website [www.hiltonherbsusa.com](http://www.hiltonherbsusa.com) where you can order our Horse, Dog, Poultry / Bird or Racing Pigeon catalogues free of charge.

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**Hilton Herbs – The Natural Answer**

# Tony Stromberg Equestrian Photographer



*"Through his evocative photographs, Tony Stromberg works to bridge what he calls modern life's disturbing separation between people and nature...."*

*"Through a masterful blend of realism and mysticism, Tony Stromberg's images give us a compelling glimpse into the secret life of horses."*

*"Stromberg believes that horses can be profound teachers, bringing deep awareness to a world dangerously out of balance. Through the power and mystery of the horse he seeks to reignite qualities of freedom, spirit, power, grace, and harmony in peoples' souls."*  
Extract from Linda Kohanov's forward to Tony Stromberg's book 'Spirit Horses.'

We have admired Tony Stromberg's work for many years, in fact we used one of his photographs on the cover of our 2002 catalogue. Little did we know when we asked him if we could use some of his work to portray our five healthcare categories, just how difficult the choice would be!

We hope that you will love these images as much as we do, and will come to agree with us that in Tony Stromberg the horse world has found one of its greatest champions. Here is a man who, through his work, has captured the mystery, complexity, savagery and beauty of the horse in nature. He understands how vital it is for us to retain our connection with the natural world and its healing powers, both physical and spiritual.

Tony Strombergs superb book 'Spirit Horses' featuring over 140 extraordinary equine portraits is available from Hilton Herbs - see page 48. To see more of his work visit his website: [www.tonystromberg.com](http://www.tonystromberg.com)

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